

## **Sussex Alerts Update – Saltdean, Rottingdean & Ovingdean**

*From your local PCSO*

*Hello everyone!*

*It has been a busy, and now much darker and wet month as we have November and December! I have been getting around as much as possible, speaking and meeting many of the community! I am always happy for a chat and to discuss the ongoings within the area so please do not be afraid to wave me down if you see myself or my colleagues around!*

### **Keeping safe**

I know I had included this information in my previous ward update, but it's a brilliant resource to have to hand and may be exceptionally useful one day -

With the change in season, it's important you keep yourself safe and warm! Sometimes it can be difficult to know what support is available and who to go to for help. I would like to make you aware of the Sussex Resilience Campaign with the Priority Services Register. This campaign has been created to help those who may not have access to online facilities to be better prepared if there are any disruptions to utility services caused by severe winter weather.

The campaign is run by a forum made up by partnership agencies including the NHS, Councils, Police and Emergency services – all of those who help to keep Sussex safe!

Keeping yourself safe and prepared can sometimes be a challenge, especially with the change in weather. If you're over 60 - or have health or care needs, young children, or rely on medical equipment - you should be eligible to join. Being on the Priority Services register means your utility companies know you may need extra help.

To join for yourself, or on behalf of someone else with their consent, you can get started by calling the free campaign phone line on 0800 998 7103. Alternatively, if you have access to online devices, you can visit [www.thepsr.co.uk](http://www.thepsr.co.uk).

# YOU CAN'T CONTROL THE WEATHER.

# YOU CAN BE PREPARED.

Storms and cold snaps can disrupt power, water and other essential services.

Take three simple steps now and be ready for whatever winter brings.

- 1. Join the Priority Services Register**  
Free extra support if services are disrupted.
- 2. Pack a "just in case" bag**  
Have essentials to hand.
- 3. Know who you can call**  
Write down key numbers and contacts.

CALL **0800 998 7103** FOR FREE TO FIND OUT MORE.  
OR VISIT [WWW.SUSSEX.POLICE.UK/BE-READY](http://WWW.SUSSEX.POLICE.UK/BE-READY)

**1 JOIN THE PRIORITY SERVICES REGISTER (PSR)**

If you're over 60 – or have health or care needs, young children, or rely on medical equipment – you should be eligible. Being on the PSR means your utility companies know you may need extra help if services are disrupted, such as priority updates, doorstep checks and bottled water supplies. **IT'S FREE TO JOIN.** Call **0800 998 7103** to get started or visit [www.thepsr.co.uk](http://www.thepsr.co.uk)

**2 PACK A "JUST IN CASE" BAG**

Having a few basics to hand makes all the difference, such as:

- Torch and batteries
- Warm layers (blanket, jumper, socks)
- Long-life food that doesn't need cooking
- Bottled water
- Medicines
- Important phone numbers
- Mobile phone power bank.

**3 KNOW WHO YOU CAN CALL**

Write down key numbers, such as your utility companies, council, GP, and trusted neighbours or family. Keep the list with your bag – you may not be able to access numbers stored on a mobile phone if the power runs out.

**NEED MORE HELP?**  
CALL **0800 998 7103** TO FIND OUT MORE AND TO REQUEST A FREE BOOKLET ON STAYING SAFE IN EMERGENCIES.  
OR VISIT [WWW.SUSSEX.POLICE.UK/BE-READY](http://WWW.SUSSEX.POLICE.UK/BE-READY)

This information is provided by the **Sussex Resilience Forum**, the partnership of agencies – including the NHS, councils, police and emergency services – that keep Sussex safe.

## Stay Prepared

It has become a lot darker with heavy rain in these recent weeks – of which comes with issues of its own! When traveling, please be aware of how the change in conditions affect your driving and what you can do to stay safe!

- Check your lights are working on your vehicle before setting off for journeys – with the clocks falling back, and with the wet weather, each day is getting much darker. It's important to ensure all lights on your vehicle are working properly – this helps to keep you safe, as well as other road users and pedestrians! It's good to keep a spare set of bulbs – even if these remain in your glove box! Many garages and automotive stores can provide and fit bulbs for those unsure on how to install these.
- With the colder weather arriving, it's important to be aware of the conditions of the road! When its icy, stopping distances can be up to 10 times longer! This increases the risk of Road traffic collisions! It's important to not exceed the speed limits, ensuring you have adequate tyres and keeping a safe stopping distance between yourself and the vehicle Infront of you! Please remember to check you tyre tread depth and that they are correctly inflated.

- These dark mornings are also often accompanied by a frozen or heavily misted windscreen. It's important to ensure that your windscreen is fully de-frosted and clear before setting off on journeys. Regardless on the length of your journey, it's important to ensure you always have 100% visibility. Even if that does mean getting out of bed 10 minutes earlier for the morning commute! Pouring boiling water over your windscreen is not advised – this can damage your windscreen, but the remaining water can also re-freeze, making visibility too dangerous to drive safely!

## E-Bikes and E-Scooters

There has been an increase in reports of E-bikes and E-scooters throughout the city! Please note that all bikes, including E-bikes, must abide and follow traffic regulations! This includes traffic lights, road signs and speed limits!

I am aware that there is a lot of confusion around E-scooters. Please note these are not legally allowed on the road. If seen riding on these, these can be seized under the Road Traffic Act 1988.

I have been made aware of an increase in E-bikes along the undercliff! Where I can, I will be patrolling the area to create awareness around these issues and to deter the issues around the area!



## **Crime Statistics over the past month (Correct at time of typing)**

- Anti-social behaviour reports – 3
- Burglary reports – 0
- Criminal damage reports – 2

## **Meet your ward PCSO**

I have the following days booked for community beat over the coming months -

**Thursday 18<sup>th</sup> December 2025**

**Monday 19<sup>th</sup> January 2026**

**Thursday 19<sup>th</sup> February 2026**

**Wednesday 18<sup>th</sup> March 2026**

**Tuesday 14<sup>th</sup> April 2026**

Over these dates, I will be around the area interacting with as much of the community as possible!

As always, if anyone would like to talk to myself over general queries, get advice or book me for visits, engagements or meetings, please call 101 or submit an online request on the Sussex Police website. You can simply state your request - this will be passed on to myself, whereby I will respond when available.

## **Top 3 Ward Priorities**

- Speeding around residential areas – heightened patrols are being completed around residential areas! If you have an issue with speeding vehicles on specific roads, please do not hesitate to get in contact! I will be targeting areas of which have high reports of speeding!
- Getting to know the community – I have been conducting as many patrols as possible within the area, meeting the local businesses, residents and those enjoying the beautiful landscape around Saltdean, Rottingdean and Ovingdean!
- E-Bikes! - of which can be a wonderful form of transport when used correctly! Just to remind those using E-bikes, road laws such as traffic lights and speed limits must be abided to! There has been an increase in E-Bike related reports whereby these are being used in an anti-social manner. Patrols will be heightened in the hotspot areas for these bikes!

**And finally...**

 **Stay in Touch**

If you need to report anything or seek advice:

-  **Call 101** for non-emergency matters
-  **Report online** at [www.sussex.police.uk](http://www.sussex.police.uk)
-  **Always call 999 in an emergency**

**A big thank you for the continued support and warm welcomes received while on my travels around the area!**

Many thanks,

**PCSO Lottie Pullen**

*PCSO for Saltdean, Rottingdean and Ovingdean*